



MONDAY

October 16, 2023

Heritage Woods Secondary

"WE ARE KODIAKS"



Bell Schedule



Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



Food is no longer
allowed in the
library or library
computer lab.



Could the following students please see Ms. Banman in the Library.

Your books are ready for pick up!

ETHAN Y.

LILY W.P.

OLLIE C.

MINIMI P.

CLC12 MEETINGS



BALDUS- Wednesday, Oct.18th, Flex in room 315

CAMPBELL- Tuesday, Oct.17th, Flex in room 215

DURAND- Tuesday, Oct.17th, Flex in room 201

GAY- Wednesday, Oct.18th, Flex in room 103

JARVIS- Tuesday, Oct.17th, Flex in the Theatre

LEE- Thursday, Oc.19th, Flex in room 244

PAISLEY- Tuesday, Oct.17th, Flex in room 232

ROSS- Wednesday, Oct.25th, Flex in room 238

SALOUSTROS- Thursday, October 19th, Flex in the Theatre

TING- Tuesday, October 17th, Flex in room 214

WOOD- Friday, Oct.13th, Flex in room 202 (textiles)

****Please email your teachers if you have any conflicts or questions**

Quebec City & Montreal Trip

Feb 14-19, 2024

Meeting Tuesday October 17 Lunch

Room 205 Madame Di Marco's room

Details, Price & Intinerary



Calling All Cadets

- ▶ If you are in Cadets (any branch) and would like to participate in this year's Remembrance Day ceremony, please see Mr. Aitken in Room 240.



CLUBS



PET PALS CLUB

DON'T HAVE TIME TO WALK YOUR DOG?

BIG DOG | SMALL DOG | ANY SIZE

**Don't worry! We are here to help
you and your dog out!**

**PET PALS DOG WALKING SERVICE
CONTACTS**

127-SZHANG@SD43.BC.CA

127-LAHMED@SD43.BC.CA



Fitness Club

Fitness Club is a great opportunity to learn about diet and exercise.

All backgrounds and levels of expertise welcome!

When: TUESDAY'S after school in the weight room beginning OCTOBER 17th!

What do you need to bring: gym strip and water bottle



*See CIARDULLO for more details

KODIAK ATHLETICS



CAREER CENTER



Upcoming Post-Secondary Info Sessions

- Friday Oct. 06 University of Victoria at lunch in library lab
- Monday Oct. 16 SFU at lunch in the library
- Wednesday Oct. 18 U Alberta at lunch in library lab
- Monday Oct. 23 SFU Beedie business at lunch in library lab
- Tuesday Oct. 24 UVic Gustavson business at lunch in library lab
- Wednesday Nov. 01 Post Secondary BC Mini Fair 9 – 11 am in Grand Hall
- Thursday Nov. 02 U Waterloo at 3:30 pm in the library